



FREE SERIES

Wellness & Hiking Series



NOTRE VUE
ESTATE WINERY & VINEYARDS

strike a **pose**, take a **hike**, enjoy a **sip**

SUNDAYS 8:45–10:30am with Dawn

MAY 5 "Vino"yasa Yoga & Wine Tasting
JUN 23 Hike & Wine
AUG 11 "Vino"yasa Yoga & Wine Tasting
SEP 15 Hike & Wine

- Meet at the winery at 11010 Estate Lane, Windsor, CA 95492
- Arrive by 8:30am (GPS navigation can be a bit off so allow extra time), hike/class starts promptly at 8:45am
- Then relax & enjoy a free tasting & discounted wine purchases